



"The Joy Of Eating Right"

O.A.O

#### The Haven's Promise

flavours, nothing is fried, everything is freshly baked!

We only use seasonal and farm fresh produce which full of deliciousness!

# 



#### "The Joy Of Eating Right"

Once upon a time, an idea was born, where amazing flavours, sustainability, Mother Nature and health came together to form a Haven.

We, at The Haven Italian House deliver the promise of the joy of eating right!

How do we do it? We believe in Quality...

Quality in our space - Be seated in an all natural garden with a waterfall...

Quality in ingredients - We source locally grown, seasonal and fresh produce straight from farms, bake our own breads, no preservatives, no artificial colours. From the simple dip to the most complex Italian breads, everything is made in-house.

Quality in service - At Haven's every diner is our brand ambassador.

Why do we do it?
Because we care
We care for the environment, for the local farmer, for the health

of our diners and for Mother Nature.

Hope you enjoy your experience and feel the Joy of eating right.

# **APPETIZERS**

#### HAVEN'S GARLIC BREAD

Oven-fresh bread stuffed with house-made garlic butter, Italian herbs and cheese.

249/-





#### HAVEN'S CHEESE-LESS GARLIC BREAD

(Without cheese)

For those who wish to enjoy stuffed garlic bread guilt-free!

249/-







#### HERB BAKED POTATOES CLASSIC

Potatoes baked to perfection in that golden sheen infused with aromatic herbs.

199/-





#### LOADED HERB BAKED POTATOES

Potatoes wedges baked to perfection with aromatic herbs and cheese.

249/-



#### BRUSCHETTA

An Italian classic, a burst of vibrant flavours on toasted perfection.

FRESH FLAVOUR CHOICES for topping

MUSHROOM DUO (\*\*mushrooms with herbs and olive oil)

299/-

BALSAMIC CHICKEN (chicken marinated with balsamic vinegar)

299/-

CAPRESE

(mozzarella cheese, tomatoes and basil)























# **APPETIZERS**



#### BAKED ARANCINI BALLS

Crispy, golden bites of cheesy goodness made with Arborio rice.



#### WHOLE WHEAT ITALIAN WRAP

(Veg/Chicken)

A tantalizing fusion of flavours, wrapped in a warm embrace.  $\left(225/275\right)$ 





#### LAMB EMPANADAS

A flavourful fusion of tender lamb, herbs and spices, all wrapped in a golden pastry.

350/-







#### **BAKED FISH FINGER**

Fresh and locally sourced fish, both wholesome and flavourful.

349/-





# GRILLED ITALIAN HERBED CHICKEN WINGS (Classic/Peri Peri)

Fresh chicken wings, marinated with Chef's secret recipe and grilled to perfection.















# **APPETIZERS**



# GRILLED ITALIAN HERBED SOYA CHOPS (Classic/Peri Peri)

Fresh soya chops, marinated with Chef's secret recipe and grilled to perfection.

299/-





#### HAVEN'S VEG PLATTER

all the goodness in one plate (Inhouse baked garlic bread, Bruschetta caprese, herb baked potatoes, Italian wrap and Arancini balls)

399/-





#### HAVEN'S NON-VEG PLATTER

Signature collection (Inhouse baked garlic bread, Bruschetta chicken balsamic, herb baked potatoes Lamb empanadas, Italian wrap chicken)

















# **SALAD**



#### CAESAR (VEG/NON-VEG)

A symphony of Crisp lettuce, tangy Caesar dressing, shaved Parmesan and crunchy croutons

(229/349)





#### GREEK (VEG/NON-VEG)

Phenomenal Crisp lettuce, juicy tomatoes, cucumber, briny olives, tangy feta cheese, and a drizzle of zesty Greek dressing

(299/349)



#### WATERMELON GOAT'S CHEESE

A medley of juicy watermelon, creamy feta cheese, fresh mint leaves with a hint of tanginess

349/-



#### ORANGE AND BEET CARPACHIO

Thinly sliced beets, juicy orange segments, and a drizzle of honey-chilli dressing

349/-







#### HAVEN'S SEASONAL GARDEN SALAD

Ask your server for the special seasonal and fresh options.











# SOUP



#### MINESTRONE

Fresh Seasonal vegetables, beans, pasta, and aromatic herbs simmered to perfection

225/-







#### **CREAM OF**

Wholesome ingredients, carefully crafted with cream to create a silky-smooth texture, served in freshly baked,

Haven's signature bread bowl

Broccoli

249/-

Mushroom

249/-

Tomato

225/-

Chicken

249/-



#### ITALIAN BROTH (CHICKEN/LAMB)

The essence of authentic Italian flavours in every spoonful

(225/249)





#### HAVEN'S FARM FRESH SOUP

Ask the server for the special option with the freshest of ingredients





















# HAVEN SIGNATURE GOURMET PIZZA



2 types of olives, jalapenos, sundry tomatoes, bell peppers, onions, corn, mushrooms

399/-



#### HAVEN'S VIBRANT VEGGIE PIZZA

Beetroot infused base, pesto sauce, fresh mozzarella, olives, and sundried tomatoes, topped with feta cheese.

399/-

#### HAVEN'S EDIBLE FLOWER PIZZA

Napolitano sauce, mozzarella cheese and topped. with mix of edible flowers, a pizza beautiful Add Chicken - 60/-

349/-

#### HAVEN'S SIGNATURE NON-VEG

Lamb, fish, chicken with crispy thin crust 399/-













# PIZZA NAPOLITANA BASE/ THIN-CRUST BASE

Ask the server to make any of the Pizza Gluten Free

	Wheat Flour	Gluten Free	Napolitana Base	Thin Crust Base
MUSHROOM DUO Button mushrooms, Shitake mushrooms, feta cheese	349/-	499/-	449/-	399/-
FROMAGI 3 DIFFERENT TYPES OF CHEESE	349/-	499/-	449/-	399/-
MARGHERITA Tomato sauce, Mozzarella cheese, fresh basil	299/-	449/-	399/-	349/-
MALINO Spinach, sundry tomatoes, black olives, cocktail onions, bell peppers	349/-	499/-	449/-	399/-



# PIZZA NAPOLITANA BASE/ THIN-CRUST BASE

Ask the server to make any of the Pizza Gluten Free

	Wheat Flour	Gluten Free	Napolitana Base	Thin Crust Base
PERI-PERI CHICKEN FLORENCE PIZZA Smoked chicken, peri-peri spice, bell peppers, capers and Italian fresh basil	349/-	499/-	449/-	399/-
PESTO CHICKEN  Smoked chicken, pesto sauce, sundry tomato, olives	349/-	499/-	449/-	399/-
HAWAIIN Grilled Pineapple chicken sausage, chicken salamis, red chilli flakes	349/-	499/-	499/-	399/-
CHICKEN PEPPERONI Tomato Sauce, chicken pepperoni, mozzarella cheese	349/-	499/-	499/-	399/-

# HAVEN'S HOMEMADE SIGNATURE PASTA

Choose any 3 vegetable {seasonal}



## SPINACH AND RICOTTA RAVIOLI IN SAFFRON CREAM/ ROSE

Ask the server to make it Gluten Free

349/-



# BRAISED CHICKEN AND RICOTTA IN SAFFRON CREAM/ROSE

Ask the server to make it Gluten Free

399/-



# GNOCCHI IN BUTTER GARLIC AND ROSEMARY AND CREAM

399/-



# TORTELLINI IN BURNT BUTTER, GARLIC AND ROSEMARY

399/-



 $\begin{array}{c} {\rm LASAGNE} \\ {\rm (EXOTIC\,VEG\,/\,SMOKED\,CHICKEN)} \end{array}$ 

(349/399)















# HAVEN'S RISOTTO

Everything is Gulten Free

SAFFRON AND PARMEZAN 425/-

MUSHROOM AND CHILLI 425/-

PESTO AND CHERRY TOMATO 425/-

WHEATGRASS AND COCONUT CREAM (VEGAN)
425/-

MILLETT

425/-

ADD CHICKEN 60/-

> ADD VEG 50/-

ADD PRAWN 100/-



















# HAVEN'S CONVENIENCE PASTA

Ask The Server to Make Any of the Pasta Gluten Free

#### CHOICE OF PASTA PENNE/ FUSILI/ SPAGHETTI

#### CHOICE OF SAUCE

#### **ALFREDO**

Rich, creamy and cheesy white sauce, perfect for those who love comfort food.

349/-



#### **ARRABBIATA**

Traditional sugo all arrabbiata is made with just olive oil, garlic, tomatoes and fresh red chilli peppers

349/-



#### **AGLI OLIO**

This literally means olive oil and garlic in Italian. It is a traditional pasta recipe from Naples.

349/-



#### **PESTO**

Originated in Liguria, this bright green sauce is a rich mix of basil, olive oil, pine nuts, parmesan, pecorino cheese and of course...garlic!















# HAVEN'S CONVENIENCE PASTA

Ask The Server to Make Any of the Pasta Gluten Free

#### CHOICE OF PASTA PENNE/ FUSILI/ SPAGHETTI

#### CHOICE OF SAUCE



#### **CARBONARA**

(contains egg)

Pecorino Romano cheese elegantly paired with egg yolks and black pepper.

399/-



#### BOLOGNESE

(Non-Veg)

Minced lamb meat in a tomato and cream sauce

399/-



#### **ROSSO**

Sundried tomatoes with almonds and garlic, make this one something unique and a must-try!

399/-

Add Ons

CHICKEN

60/-

VEGETABLES 30/-

















# **MAINS**

Everything is Gluten Free

#### HAVEN'S SIGNATURE GRILLS SERVED WITH POLENTA, SAUTE VEG AND SICILIANA SAUCE

COTTAGE CHEESE 499/-CHICKEN 499/-FISH 599/-

# THE HAVEN'S SIGNATURE WHOLE FISH PLATTER

Whole fresh fish, herb rice, pesto vegetables  $\mathcal{E}lemon$  butter caper sauce

699/-

#### NAPALES BAKED RICE CASSEROLE

(VEG /NONVEG)

 $\label{lem:chessed} \begin{tabular}{ll} Italian spiced rice made with vegetables/chicken topped with cheese and baked. \end{tabular}$ 

(399/435)

# ITALIAN VEG/MEATBALLS WITH HERB RICE, ROASTED TOMATO AND PEPPER SAUCE

(349/499)













# **SANDWICH**

(All Breads are freshly baked in-house without preservatives)





#### THE HAVEN'S CLUB VEG/NON-VEG

(Ask the server to make it Gluten Free)

Delicious, to asted bread slices with veggies, cheese  $\mathcal E$  let tuce

(299/349)



#### THE HAVEN'S SIGNATURE PANINI SUB VEG/CHICKEN

(Ask the server to make it Gluten Free)

Medley of grilled vegetables/chicken, melted cheese, lettuce, olives, jalapenos, gherkins and Italian mayo

(299/349)



### THE HAVEN'S FOCCACIA OPEN SAND-WICH

Medley of grilled mushrooms/chicken, melted cheese, lettuce, olives, jalapenos, gherkins and pesto mayo

(249/279)

#### GRILLED CHICKEN PERI-PERI

Grilled chicken, cheese, peri-peri mayo (249/279)



#### GRILLED LAMB SANDWICH

Lamb chunks, capsicum, onion, garlic, mint chilli mayo, cheese 349/-











# **BURGERS**

(All Breads are freshly baked in-house without preservatives)





#### THE HAVEN'S SIGNATURE VEG BURGER

(Ask the server to make it Gluten Free/ Baked not Fried)

Layered with kidney beans patty and farm-fresh seasonal veggies

325/-





#### THE HAVEN'S VEGAN DELIGHT BURGER

Soya Granule Patty, Lettuce, Tomato, Caramelised Onion, Gherkins, Spicy Mayo

325/-







#### PERI-PERI CHICKEN BURGER

(Ask the server to make it Gluten Free/ Baked not Fried)

Chicken Patty, Lettuce, Tomato, Caramelised Onion, Gherkins, Cheese, Peri-Peri Mayo, Jalapenos

349/-





#### LOADED LAMB BURGER

(Ask the server to make it Baked not Fried)

Lamb Patty, Lettuce, Tomato, Caramelised Onion, Gherkins, Cheese, Mint Mayo, Jalapenos









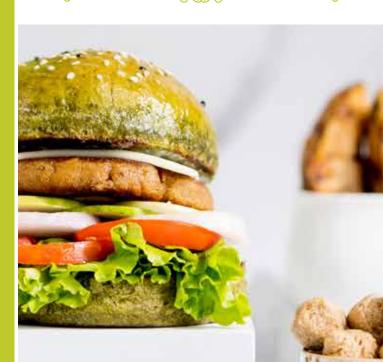














# **DESSERT**



#### **TIRAMISU**

Layers of coffee-soaked ladyfinger biscuits, rich mascarpone cream, and dusted with cocoa powder.

Classic 299/-Pistachio 325/-



#### **BLUEBERRY CHEESECAKE**

The creamy richness of cheesecake with the fruity sweetness of blueberries

325/-

#### HOT CHOCOLATE WHEAT BROWNIE

Rich, chocolaty flavours of hot chocolate with a WHEATY texture

349/-

#### WARM APPLE TART

Flavours of apples, wrapped in a flaky pastry crust.

299/-

#### **PANCAKES**

Fluffy pancakes served with whipped cream, maple syrup and fruits.

299/-



#### HAVEN'S BANANA BLISS

RA sugar-free delight with Sago, Banana and coconut milk

299/-





#### **BAKED DOUGHNUTS**

Fresh Oven baked Doughnuts, topped with fresh whipped cream. and seasonal farm fresh fruits, It's a Guilt–free bliss.













# ALLDAY BREAKFAST

#### **EGGS**



#### GREEK OMELETTE

Feta, Tzatziki, Basil, Tomatoes, Blanched Spinach

249/-



#### MEDITERRANEAN OMELET

Tomato, Oregano, Olives, Red Onions, Bell peppers

249/-

#### TRIPLE CHEESE OMELET

Mozzarella, Yellow Cheddar, Parmesan, Parsley, Jalapenos, Pickled Onion

299/-



#### SPANISH OMELETTE

Potatoes, Green Peas, Italian Herbs, Spinach

299/-

#### **VEGETARIAN**



#### CHICKPEA FLOUR SPINACH FLAT CAKES

Chickpea flour, onions, spicy green chillies with flavourful spinach

199/-



#### MOONGLET

A new and healthy take on cutlets. Green gram cakes served with assorted vegetables.











