



# FFDS

Flawless Feet Dance Studio



Ph: +91 7338261909

*Flawless feet.  
flawless dance moves.*

Sita Arjunwar

# ABOUT US

## *Our Story!*

"FFDS is a dream come true for me! As a passionate dancer, I founded the studio to help people of all ages discover their love for dance. We offer a variety of dance styles, but our focus is on developing flawless footwork. Our classes are designed to cater to students of all skill levels, and our experienced instructors work with each student to help them improve. At Flawless Feet Dance Studio, we believe that dance is not just about learning steps, but also about developing confidence, discipline, and a love for the art form. Come dance with us and let your passion shine!"

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SITA ARJUNWAR

*Founder of FFDS, Dancer and Choreographer.*





# OUR MISSION

*What do we strive?*

Our mission at FFDS is to provide exceptional dance education and training while promoting artistic and creative development. We strive to push boundaries and explore new possibilities in movement and choreography. We constantly strive to maintain our status as a leading dance school by regularly incorporating the latest dance techniques and industry trends into our training programs. We are dedicated to staying up-to-date with the ever-evolving dance world to ensure that our dancers receive the best possible education and training. We welcome dancers of all ages and levels, and our goal is to help them achieve their dance aspirations and become part of our dance family.

# SITA ARJUNWAR

- Founder of FFDS, Dancer and Choreographer

Sita Arjunwar started her career as the youngest trainer in aerobics. She then joined Team Elan, where she received numerous opportunities and exposure to the dance world. Her talent and hard work were recognized by the popular dance competition show "Dance India Dance," where she was selected among the top 80 contestants. She then made a name for herself on Manada Mayilada's 8th season in 2013 with her impressive fusion of Indian and contemporary dance styles. She remains popular in the Tamil dance industry today. Her performances on the show are still remembered by fans. After that, she went on to work as a dance choreographer for corporate events and also was the judge for many dance shows.

"Dancing is like  
dreaming with  
your feet" - SITA





In 2023, she set out to start her own company Flawless Feet Dance Studio and since then has been creating work with dancers at her company. She trains dancers of all age groups at the community and professional levels. Her work influences urban dance techniques like Bollywood, Hip hop, freestyle and a combination of contemporary dance techniques, and the Indian modern art form, Kathak.

Sita is now more occupied with choreography work for the community, youth, and commercial projects. Her work with youth comprises – stage productions and musicals; corporate training sessions and workshops focusing on different aspects of dance–body alignment and workplace ergonomics; corporate events, art & performance design for festivals, and interdisciplinary work for schools and colleges. She works with others in a spirit that fosters creativity and vitality and is devoted to dance art development and artistic viability.



SITA WORKED AS A  
DANCE  
CHOREOGRAPHER  
INCLUDING TAMIL  
DANCE INDUSTRY.

SHE ALSO  
COMPETED IN  
MANY DANCE  
SHOWS AND SHE  
WAS ALSO THE  
JUDGE FOR MANY.



# KEERTHANA RAM

Co-partner, Instructor and Choreographer

Keerthana Ram is a highly talented dancer and choreographer who has dedicated her life to her passion for dance. She has spent years perfecting her craft and developing her skills in a wide range of dance forms, including Hip hop, Contemporary, and Bollywood. She has also competed in several dance competitions, showcasing her impressive talent and earning recognition for her skills. With 5+ years of teaching experience, she has become a respected mentor to many aspiring dancers. She has a unique ability to connect with her students and bring out the best in them, helping them to achieve their full potential.

*Keerthana Ram*



# OUR PROGRAMS

## PRIVATE/ONLINE LESSONS

Customized dance modules as per your skill requirement, Convenient time slots especially for our international learners, One-on-One feedback

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## IN-STUDIO CLASSES

FFDS offers adults and children's dance classes in many styles, including Bollywood, Western Freestyle, Semi Classical, Bhangra Fusion, Contemporary, Afro Dance, Solo Salsa, and more. The classes are based on all levels, from beginners to advance.

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## SCHOOL & CORPORATE EVENTS

The studio serves as an advocate for dance and for education in the arts within the dance community and to the public-at-large. We offer choreography services for school and corporate events.

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## ZUMBA -AEROBICS

We offer high-energy Zumba classes that combine Latin rhythms with aerobic exercise, providing a fun and effective way to improve cardiovascular fitness and tone muscles.

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## SUMMER PROGRAMS FOR KIDS & ADULTS

Summer camps for kids and also it includes intensive dance workshops and art/theatre tailored to all levels, with separate segments for kids and adults focusing on technique, physical skills, and performance.

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## CHOREOGRAPHY FOR OCCASSIONS

Choreography services for weddings, functions, and other special occasions, creating unique and memorable dance routines tailored to your preferences and style.



INTERNATIONAL DANCE  
COMPETITIONS  
IIGF - THAILAND AND WORLD  
DANCERS OLYMPIAD



SECURED 1ST position in INTERNATIONAL DANCE CONTEST  
2022





# GALLERY

SCHOOL EVENTS







# GALLERY

OTHER EVENTS



# GET IN TOUCH WITH US!



REACH OUT TO US ANY TIME FOR MORE INFORMATION ABOUT OUR STUDIO, OR PROGRAMS.

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*Sita Arjunwar*