



Fia's

All Day Menu



Fia's is not just a name, it's a legacy of food, love and laughter. An artiste by nature, Fia Rustumji- has been a name synonymous with top-of-the-line cuisine in Bangalore. Be it managing the kitchens of the famous Top Kapi since 1977, having a line of gourmet chocolates, or hosting private dinners, and celebrations for the crème de la crème of the city over the decades. Fia has done it all.

She is on a mission to revive the Parsi Culture through, its cuisine food and hospitality. Her signature restaurant, Fia's Lounge is a storm in the culinary world that serves honest, delicious and wholesome Parsi food. At Fia's, not to mention the warm hospitality every guest feels when they dine at the restaurant.

As the delicate and robust flavours find a new home in this culinary address, Fia's promises to be a conscious brand for all its patrons. In an attempt to serve the best, Fia's gives the utmost importance to sourcing the choicest ingredients, fresh produce from the local bazaar, Oils that are of the highest quality and are easy on the stomach. Fia's ensures that the diners have the best experience after their visit.

And above all, at Fia's, you will always feel at home.

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SOUPS

Lemon Coriander Soup

Aromatic Broth made with Fresh Lemon & Coriander.

Veg..... ₹ 275

Chicken..... ₹ 275

Prawns..... ₹ 325

Cream of Chicken Soup..... ₹ 275

Parsi Healthy & Hearty Chicken Soup

Parsi Tomato Soup..... ₹ 275

Parsi aromatic tangy tomato soup to lift your mood

SALADS

Lounge Special Salad ₹ 375

Handpicked seasonal vegetables, fruits and chicken tossed in citrus dressing

Persian Cous Cous Salad

Cous Cous tossed in fresh vegetables

Veg..... ₹ 325

Chicken..... ₹ 425

Prawns..... ₹ 575

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Small Plates

Spinach & Feta Filo Cigars ₹ 375

Filo Cigars filled with spinach and feta Cheese

Mushroom Filo Cigars..... ₹ 375

Filo Cigars filled with sauteed mushrooms

Chicken Filo Cigars..... ₹ 425

Filo Cigars filled with salt & pepper chicken

Mutton Filo Cigars ₹ 450

Filo Cigars filled with spicy mutton keema

Beetroot Croquettes..... ₹ 375

Beetroot & Root Vegetables in a spiced croquette

Fish Croquettes..... ₹ 450

Indian Sea Bass flavoured with dill & feta, shaped into a croquette

Persian Platter..... ₹ 750

Our take on the Mezze platter, featuring an assortment of dips, appetizers & bread

Large Plates

Stuffed Chicken Breast..... ₹ 675

Stuffed chicken breast, served on a bed of sauteed vegetables, mashed potato & pan jus.

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Grilled Fish..... ₹ 725

Herbed grilled fish served with tossed vegetables, fries & garlic sauce

Greek Cottage Cheese ₹ 675

Cottage cheese served with a lemon tossed salad, fries & garlic sauce

Mushroom Shashlik..... ₹ 675

Mushrooms & Vegetables on a stick, served with potato mash & pan jus

Cauliflower Bake..... ₹ 600

Cauliflower baked in a cheesy sauce

Baked Chicken Arrabiata..... ₹ 600

Chicken baked in a spicy Arrabiata & cheese

Pasta of the Day

Veg..... ₹ 425

Chicken..... ₹ 450

Prawns..... ₹ 525

Mutton..... ₹ 525

Pizza

Double Cheese Pizza ₹ 525

White Sauce. Mozzarella. Olives. Sun Dried Tomato. Jalapeno. Rosemary. Parmesan.

Margarita Pizza ₹ 525

Pomodoro Sauce. Mozzarella. Garlic. Basil. Olive Oil

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Veg Patia Pizza..... ₹ 575

Patia Sauce. Mozzarella. Cheddar. Peppers. Zucchini. Feta.
Capers.

Salli Chicken Pizza ₹ 575

Patia Sauce. Mozzarella. Cheddar. Pulled Parsi Chicken.
Onion. Parsi Spices. Coriander. Jalapeno. Red Chillies

Sandwiches

Grilled Cheese Royale.. ₹ 375

Herbed Butter. Mozzarella. Cheddar. Oregano. Garlic

Loaded Caprese..... ₹ 375

Garlic Butter. Mozzarella. Tomato. Pesto. Olives. Sun Dried
Tomato. Spinach

Grilled Chicken Kebab..... ₹ 425

Herbed Butter. Chicken Kebab. Cheddar. Peppers. Onion.
Jalapeno

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**CATERING, DELIVERY
&
TAKE AWAY AVAILABLE**

Celebrate with Fia's

*Fia's offers Bespoke Catering and Banqueting services.
Host your special day at Fia's or let us cook up a storm
in your kitchen.*

*We will tailor-make a menu card for your special day
and our team will make sure it's the best experience for
you and your guests.*

*For more details, reach out to us on
+91 96060 23455*

