



MIVA SPA

WELLNESS *&* RELAXING SPA

RELAX
RELIEVE
RENEW



THAI MASSAGE



Thai massage combines compression, acupressure, and passive stretching. These increase the range of motion in your joints and muscles. This can also improve your posture. Helps with back pain.

60 minutes INR 2500/-
90 minutes INR 3500/-
120 minutes INR 4200/-

AROMA MASSAGE



Aromatherapy massage is the type of Swedish massage that uses essentials (highly concentrated plant oils). Its main focus is relaxation and mindfulness.

**60 minutes INR 2500/-
90 minutes INR 3500/-
120 minutes INR 4499/-**

SWEDISH MASSAGE



Swedish massage is one of the most commonly offered massage techniques. It's sometimes called a classic massage. The technique aims to promote relaxation by releasing muscle tension. Swedish massage is gentler than deep tissue massage and better suited for people interested in relaxation and tension relief.

60 minutes INR 2800/-
90 minutes INR 3800/-
120 minutes INR 4999/-

DEEP TISSUE MASSAGE



Deep tissue massages are used to break up scar tissue and break down muscle adhesions (the “knots” that we feel in our muscles are muscle adhesions, which are bands of rigid and painful muscle tissue).

60 minutes INR 3000/-
90 minutes INR 4000/-
120 minutes INR5000/-

BALINESE MASSAGE



Balinese massage is a full-body, deep-tissue, holistic treatment. Traditional Balinese massage uses a combination of gentle stretches, acupressure, reflexology, and aromatherapy to stimulate the flow of blood, oxygen and "qi" (energy) around your body, and bring a sense of wellbeing, calm and deep relaxation.

60 minutes INR 3199/-
90 minutes INR 4199/-
120 minutes INR 5199/-

LOMI LOMI MASSAGE



Lomi Lomi is a Traditional Hawallan massage that uses a combination asuage techniques, nut oils, and sometimes elements ot prayer, breathing and dance to restore energy and soothe the body. I is also known as the loving hands' massage.

60 minutes INR 3000/-
90 minutes INR 4000/-
120 minutes INR 5000/-

CANDLE MASSAGE



In a candle massage, the candle is first melted by placing it in a vessel in which the wax is melted and then directly put on the body for scrubbing. This massage is also useful in reducing stretch marks on the body. One such relaxing massage is done with the help of a candle. But it is said to be one of the most therapeutic massages for complete relaxation.

60 minutes INR 3199/-

90 minutes INR 4199/-

HOT CHOCOLATE MASSAGE



Chocolate massage nourishes, softens, cleanses, stretches the skin and gives it luster. It protects against free radicals, which cause ageing, and eliminates cellulite and striae. Chocolate pleurably relieves stress and brings a feeling of perfect ease and happiness.

60 minutes INR 3199/-
90 minutes INR 4199/-

SIGNATURE FOUR HAND MASSAGE



Pamper yourself with a supreme relaxed and pleasurable massage Made by two therapists simultaneously: Apart from the deep physical relaxation effect provided by the 4 hands that massage at the same pace, this massage provides a unique mental relaxation. With both hemispheres of the body massaged intensely by two therapists, massage is performed with a stronger or softer pressure, complemented by essential oils accompanied by the sound of soft music you will have a complete sensory experience.

60 minutes INR 5000/-
90 minutes INR 6500/-

BODY SCRUB



Body scrubs are great for exfoliating dry skin because they remove the dry dead skin cells and help you to nourish the fresh, new skin underneath. The result is soft, glowing skin all over.

30 minutes INR 1500/-

JACUZZI MASSAGE



Hydro massage is a type hot hydrotherapy, which uses warm water and massages. We use hot tubs for hydro massage to relieve muscle pain and improve our circulatory system.

90 minutes INR 4599/-

COUPLE MASSAGE



What is a couple's massage? It's a massage experience for two that has real benefits, for physical, mental, and relationship health. Ultimately, a couples massage is a shared experience – a massage for two people, at the same time, in the same private room, but on two separate massage tables and performed by two massage therapists. The massage therapists will start at the same time and coordinate the treatment for the couple.

60 minutes INR 6000/-
90 minutes INR 7500/-

MEMBERSHIP PLAN

We will be glad to know about your commitment to healthy lifestyle and enroll You in a membership to avail various benefits. Should you choose to Extended this to your family and friends, let us know and We will accommodate all your requirements. Signature

SILVER

TOTAL OF 6 HOURS
6 Months Validity
INR 10000/-

PREMIUM

TOTAL OF 14 HOURS
10 Months Validity
INR 20000/-

LUXURY

TOTAL OF 20 HOURS
12 Months Validity
INR 30000/-



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